

Autumn 1 Year 2 PE overview

Key facts

Children will be focussing on these key skills:

- Encouragement of others
- Perseverance. Trying several times if at first they don't succeed.
- Assessment and evaluation of their own skills
- Working on simple tasks by themselves.
- Balance, control and smooth movements.

Prior Knowledge

Children will have worked on personal skills in last years PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Personal

Key Vocabulary

Safety
Success
Perseverance
Effort

Brief summary/ overview

In this unit, children will focus on the personal aspect of PE, such as: Challenging themselves, trying their hardest and evaluating the progress they have made.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Resources

Cones/Markers
Balls
Hoops

Cross curricular links/visits

PSHE – Personal goals and progress