

Children's Mental Health Week

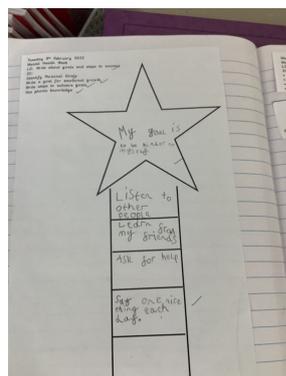
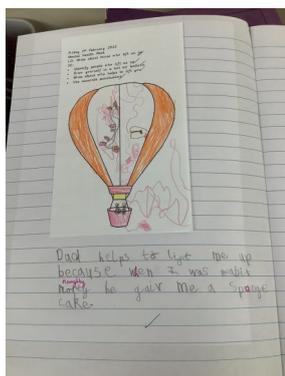
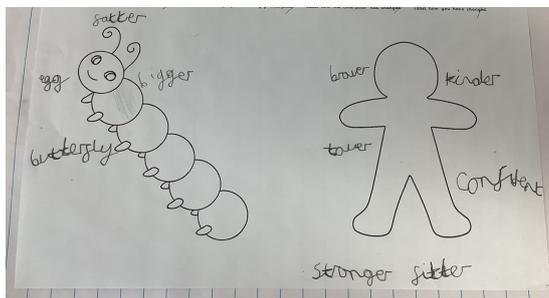
Children's Mental Health Week 2022 took place from 7th–13th February. This year's theme was **Growing Together**.

Below are some of the ways that Millfields children explored Children's Mental Health week in their classes...

Acorns Children have spent Mental Health Week thinking about their emotions and how they can help each-other when they are feeling sad or worried. They have class 'worry monsters' who really helped them. Acorns can write down their worries and post them in the worry monster's mouth and he will eat their worries and take them away. They have also been sharing lots of stories and talking about feelings with their friends. Acorns have been enjoying their lovely new reading area where they can relax and enjoy a book in the comfort of our brand new arm chairs!



Holly Class were very busy. On Monday they explored the story of the Very Hungry Caterpillar and looked at how he changed throughout the story. They then looked at how we have changed too. On Tuesday they learnt about emotional growth and set themselves a target, along with some steps of how they can get there.



On Wednesday, Holly Class discovered that growth isn't something that happens quickly. They planted beans and are going to nurture them and see how long they take to grow. On Thursday Holly Class thought about the people who lift them up. Those that help them to feel good about themselves and help them to be the best version of themselves. They also got a new "Wellbeing Well" in the classroom, that the children can put any worries etc into.



Children's Mental Health Week Continued...

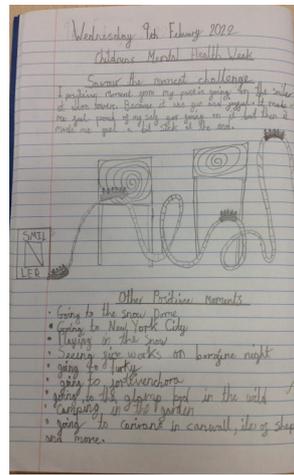
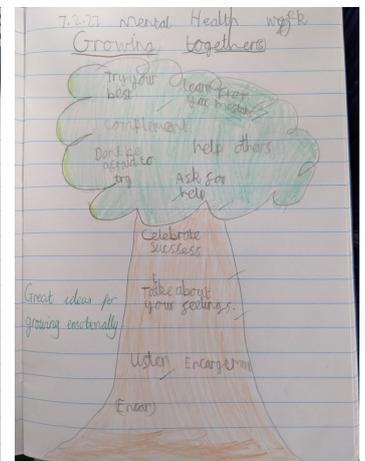
Maple Class created a 'Worry box' with happy positive messages on the outside. The Worry monster will eat of their worries and helps them each day.



Cherry Class drew, then painted, a mindful moment that makes them feel calm. Children discussed experiences that make them feel calm and how this can improve their wellbeing. Cherry Class discussed that this could be family, hobbies or a place.

Beech Class focussed on this years main theme of what it means to 'Grow Together'. They looked at ways they can support each other and be kind to others.

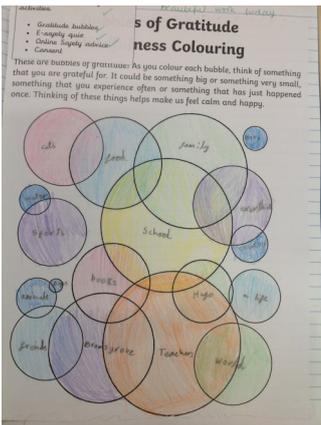
Beech Class drew pictures of trees to symbolise growth and wrote positive thoughts on how they can support their friends and family.



There's lots of information and support available online for Parents and Carers to help with children's mental health, here are just a few websites you may find useful:

- [Place2Be: Parents and Carers Support](#)
- [NHS Every Mind Matters](#)
- [YoungMinds](#)
- [NSPCC](#)

We're here too - if you've any worries please speak to your child's class teacher / Mrs Haines for support.



Oak Class drew 'Support Balloons' where the children had to think of all the people who support them to go around the balloon so that they can 'take flight' in life. Children also coloured in 'Bubbles of Gratitude' and thought about who and what they are grateful for.

The children had to think of the positives in their lives. In Oak Class they also have a gratitude jar where the children drop notes of what they are grateful for into.

The children also had a person chosen at random they were kind to throughout the week and they had to guess who at the end of the week.



Worcestershire County Council Queens Jubilee Competition

Thank you to all those children who entered the Worcestershire County Council Queens Jubilee Competition. We received over 100 fabulous entries! It was a very hard task to narrow it down to just one winner—the artistic talent shown was incredible.

We are pleased to announce that Eve, (in Year 2), has had her design chosen as Millfields entry to the Worcestershire County Council's competition - Well done Eve!

The Senior Leadership Team loved the bold colours and detailed drawings of the Union Jack flag, the Queens crown and her corgi's as well as reference to her 70 year reign.

We've submitted the entry and have our fingers crossed that Eve's design is selected as an overall winner.

The Queen's Platinum Jubilee School Competition



Entries must be returned to the school office by no later than Friday 18th February. Please clearly write your child's name and class on the reverse.
The entry (when to represent our school) will be sent off to Worcestershire County Council by the 18th February. Worcestershire County Council will announce their overall winner shortly after.
Please ensure a design reflects the theme and please use strong bold colours and drawing. Also ensure the drawing fits inside our grid for each school to be placed. This ensures that the main image is not cut when being reproduced digitally. Please do not use glow, halftone or metallic based inclusions as this can not be digitally reproduced. The winning design will be digitally modified to accommodate different platforms.

The winning entry drawn by Eve in Year 2



Friends of Millfields: ASDA Green Token Giving Campaign

The fantastic Friends of Millfields have been nominated as successful recipients of the ASDA Green Token Giving Campaign and will receive a donation of either £300.00, £400.00, or £500.00 to improve the wellbeing of our pupils and to enhance their learning experience. The donation received will also go towards improving Forest School - a valuable resource in supporting children's mental health.

Voting closes on 31st May 2022. You can vote once each week for the Friends of Millfields.

The link you'll need to vote is below—please share this with your family and friends to help the Friends of Millfields to be in with a chance of receiving the top donation of £500.00

[You can vote here](#)

We've also popped a link on to the 'Useful Links' tab of the ParentApp for you to easily find and vote! Thank you for your support!



Poppy Appeal Success

On behalf of the Royal British Legion we want to say a huge THANK YOU for your support with our Poppy Appeal campaign.

Back in November, you helped us to raise a whopping **£253.34!**

This is by far our best year ever. The local organisers were over the moon with the support shown from our school—thank you all.



POPPY APPEAL

Thank you very much for helping with our Appeal.

£ 253.34...
was collected by you.

Without your help, we would be unable to continue our vital welfare and benevolent work.

Yours sincerely

Jeff
Local Honorary Organiser

District Total (if available) £

Registered Charity No. 219279



Forest School News

This term Year 3 children have been learning all about the Romans. Whilst at Forest School, Year 3 children have enjoyed sessions on what life in Britain was like for the Celts before the Romans invaded and what happened when the Romans invaded Britain. Children also took part in a Roman style 'Boot Camp' where they marched around and carried everyday items that a Roman Soldier would carry with them each day. Children were quite surprised at how much Roman soldiers were expected to carry whilst marching!



Children also looked at what the Romans brought to Britain including: heating, flushing toilets, brick villas and aqueducts. Children had the opportunity to use materials at Forest School to build their own aqueducts to move water just like the Romans.



Children made Roman shields called a 'Scutum' and daggers called 'Gladius Swords'. Children then used these to recreate typical Roman battles and tried out different formations of defence, including one known as the 'Turtle' formation.

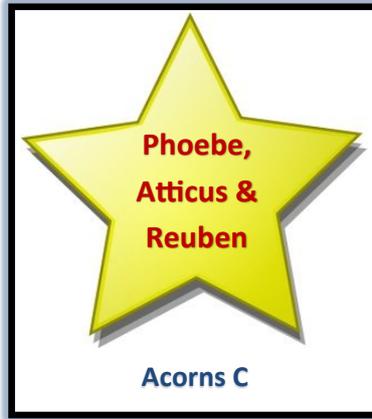
Children also built a very impressive 'Hadrian's Wall' out of bricks. Amazing work Year 3!





Stars of the Week!

Each week we celebrate children that have produced exceptional pieces of work, or have given of their best in class. Well done to all our stars that have worked hard during this month...





Gold Book

Each week we celebrate a child from every class who has demonstrated admirable attitude and / or behaviours that promote our school values. Our school values and attitudes are: Friendship, Kindness, Teamwork, Caring to the Community, Respect, Honesty, Independence, Charity and Helpfulness. Congratulations to all children who have made it in to the Gold Book this month...

Millfields First School Gold Book

Friday 4th February 2022

Acorns C: Emilia for blending sounds in reading and making good progress with her reading.

Acorns N: Ronan for working so hard to make the right choices and for showing care and consideration for his friends. Well done Ronan!

Holly: River for showing kindness and empathy towards others. She's such a good friend and role model to others.

Maple: Oliver for being such a kind friend and taking the time to show his friends how to complete tasks if they are unsure.

Beech: Louie for his massively improved pace this week. You have worked really hard to get your activities finished quickly and accurately.

Rowan: Isla S for always trying her absolute hardest in every lesson and for being a great member of Rowan Class!

Cedar: Akshaya for excellent work using the expanded column method for the first time this week. You applied the new strategy to correctly answer the calculations.

Cherry: Lucas for an amazing attitude to learning, we are all so proud of you for how hard you are working. It's lovely to see you smile and be proud of yourself too. (28/01/22)

Cherry: Freya for a huge improvement to her attitude to learning, you are growing in confidence, willing to have a go and using resources in the classroom to help you with your learning, I'm very proud of you!

Hazel: Nate, for showing greater focus and producing a larger quantity of work. Well done Nate.

Oak: Charlie-Drew for having a wonderful sense of humour and for keeping us all smiling this week.

Forest School: Rowan in Acorns N for being a super listener and a great role model for others. Well done Rowan.

Millfields First School Gold Book

Friday 11th February 2022

Acorns C: Esme for showing a lot more confidence and being more pro- active in completing her challenges!

Acorns N: Tommy for showing great control and agility when using the equipment in PE. Well done Tommy.

Holly: Owen for always trying his best and for being such a lovely, caring member of Holly Class.

Maple: Zach for always being kind and caring and wishing us a lovely lunch every day.

Beech: Lilian for her consistently high effort in her work. You always try your best and your presentation is always perfect!

Rowan: Alaska for working really hard on her listening skills this week! Well done!

Cedar: Samuel for a great attitude towards his writing all week. You've worked hard to develop the quality of your writing. Great work!

Cherry: Lizzie for being a brilliant member of Cherry. You are always happy, you work your socks off and try your best in everything that you do.

Hazel: Niamh for making a determined effort to improve her presentation and remembering to join her handwriting. Well done Niamh.

Oak: Eleanor for her kindness, thoughtfulness and wonderful attitude. Thank you Eleanor.

Forest School: Dexter, Josh, Macey and Izzy P in Oak for fantastic teamwork in building a sarcophagus and mummy.



Gold Book Continued...



Dates for your Diary

Here are a few key dates for your diaries:

- Monday 28th February 2022: School Re-opens for Spring Term 2
- Tuesday 1st March 2022: Pancake Day (Special Lunch Menu)
- Thursday 3rd March 2022: World Book Day - dress as a book character
- Friday 11th March 2022: Friends Krispy Kreme Doughnut Sale
- Friday 18th March 2022: Red Nose Day - Non-Uniform day (£1.00 donation)
- Wednesday 6th April 2022: Easter Lunch (Special Lunch Menu)
- Monday 2nd May 2022: May Day—School Closed**
- Friday 27th May 2022: Jubilee Celebration Day (more information to follow)

Dependant on restrictions and guidance we're hopeful to add more dates and events to the calendar. Similarly, dates could change at short notice should any new restrictions be introduced.

We'll send more information about each event in due course.



'Every Child Counts, Every Moment Matters'

Term Dates 2021 / 2022

Millfields First School Term Dates for the Academic Year 2021 / 2022

Term	School Opens on:	School closes at the end of the school day on:
Spring Half Term 2	Monday 28th February 2022	Friday 8th April 2022
School Closed: Easter Holidays	Monday 11th April 2022 to Friday 22nd April 2022	
Summer Half Term 1	Monday 25th April 2022	Friday 27th May 2022
School Closed: Summer Half Term	Monday 30th May 2022 to Friday 3rd June 2022	
Summer Half Term 2	Tuesday 7th June 2022	Thursday 21st July 2022

School will also be closed on the following days:

Teacher Training Days
Monday 6th June 2022

Bank Holidays
Good Friday: Friday 15th April 2022
May Day: Monday 2nd May 2022
Platinum Jubilee: Friday 3rd June 2022

Please see overleaf for 2022 / 2023 Term Dates



'Every Child Counts, Every Moment Matters'

Term Dates 2022 / 2023

Millfields First School Term Dates for the Academic Year 2022 / 2023

Term	School Opens on:	School closes at the end of the school day on:
Autumn Half Term 1	Wednesday 7th September 2022	Friday 21st October 2022
School Closed: Autumn Half Term	Monday 24th October 2022 to Friday 28th October 2022	
Autumn Half Term 2	Monday 31st October 2022	Friday 16th December 2022
School Closed: Christmas Holidays	Monday 19th December 2022 to Monday 2nd January 2023	
Spring Half Term 1	Wednesday 4th January 2023	Friday 17th February 2023
School Closed: Spring Half Term	Monday 20th February 2023 to Friday 24th February 2023	
Spring Half Term 2	Monday 27th February 2023	Friday 31st March 2023
School Closed: Easter Holidays	Monday 3rd April 2023 to Friday 14th April 2023	
Summer Half Term 1	Monday 17th April 2023	Friday 26th May 2023
School Closed: Summer Half Term	Monday 29th May 2023 to Friday 2nd June 2023	
Summer Half Term 2	Tuesday 6th June 2023	Tuesday 25th July 2023

Teacher Training Days

Monday 5th September 2022

Tuesday 6th September 2022

Monday 10th October 2022

Tuesday 3rd January 2023

Monday 5th June 2023

Bank Holidays

Monday 2nd January 2023

Good Friday: Friday 7th April 2023

Easter Monday: Monday 10th April 2023

May Day: Monday 1st May 2023

Whitsun : Monday 29th May 2023