

Spring Term 1 Year 1 PSHE

Dreams and Goals

Key facts

- I can set simple goals
- I can set a goal and work out how to achieve it
- I understand how to work well with a partner
- I can tackle a new challenge and understand this might stretch my learning
- I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them
- I can tell you how I felt when I succeeded in a new challenge and how I celebrated it

Prior Knowledge

The children have previously identified the value of celebrating their differences and will have been working in teams and individually to complete tasks and achieve goals.

Key Vocabulary

Proud, success, achievement, goal, treasure, coins, learning, steppingstones, process, garden, dreams, working together, teamwork, achievement, celebrate, learning, stretchy, challenge, feelings, obstacle, overcome, challenge, internal treasure chest, success

Brief summary/ overview

Children will develop the skill of telling others what they do well and explore ways in which they learn best. They will celebrate achievements with their partner and identify how they feel when they find obstacles and then overcome them.

Resources

Box filled with marbles etc
Jam sandwich ingredients
Welly template
Pipe cleaners, garden sticks, paper, paint
Pauli's journey PowerPoint
Treasure chest template

Cross curricular links/visits

Teamwork in PE and Forest School.