

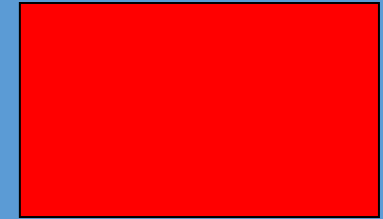
Summer Term 2 Year 1 PSHE

Changing Me

Key facts

- I am starting to understand the life cycles of animals and humans
- I can tell you some things about me that have changed and some things about me that have stayed the same
- I can tell you how my body has changed since I was a baby
- I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, anus
- I understand that every time I learn something new, I change a little bit
- I can tell you about changes that have happened in my life

Prior Knowledge



Key Vocabulary

Changes, Life-cycle, Baby, Adulthood, Adult, Grown-up, , Growing up, Mature, Male, Female, Vagina, Penis, Testicles, Anus, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping

Brief summary/ overview

The children will develop their understanding of the way they change as they get older. They will learn that this is OK and that sometimes change happens, even if we don't want it to. They will also be taught some ways to cope with change. The children will further develop respect for their body and understand which parts are private.

Resources

Chime bar
Jigsaw charter
Photos from baby to adult
Own baby photo
Body part cards
Bag of items for changes game

Cross curricular links/visits

